

Issue 6: Autumn 2018



Boultham Park



Lake restoration update

Linkage College graduate

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The Boultham Park Restoration Project Team have been:

Claire Eldred
Chelsey Everatt (née Barnes)
Caroline Wallis
Verity Cox (née Kirk)
Neville Coupland
Alex Kaye
Barbara Moulson
Louise Cotton

Cover photo: Photography competition winners on page 8.

JUST LAUNCHED!
Boultham Park Digital Archive

flickr
www.flickr.com/BoulthamPark





f facebook.com/BoulthamPark

instagram.com/BoulthamPark



Caroline's Community Corner

"How lucky I am to have something that makes saying goodbye so hard"

He may have been 'a bear of little brain', but Winnie-the-Pooh was very wise when it counted.

As the Restoration Project draws to a close in the next couple of months, so too does my role as Community Development Worker.

I feel so fortunate to have been a part of the improvements to this remarkable place and to have met so many wonderful people along the way, some of whom have become close friends. There is no doubt in my mind that it is the support from you, the local residents and frequent visitors, that have made this project a success and turned Boultham Park into a space the whole community can enjoy once more.

I am confident that the project partners, City of Lincoln Council and Linkage Community Trust, and groups such as the Boultham Park Advisory Group and the Moorland and Boultham Neighbourhood Panel will ensure the momentum is sustained.

If you are passionate about your park, I urge you to support them and continue to be involved.

That just leaves me to say, on behalf of the Project Team past and present, thank you.

With best wishes,



Robert Pitchford

Chairman of Boultham Park Advisory Group (BPAG)



Remember when you were a kid and you went to the park? There was a feeling of space, openness, air, freedom to run, throw, jump, climb, hide and play without the restrictions of indoors.

Growing up in Lincoln, I have strong sensory memories of the time I spent as a child in the park: the smell of cut grass; blackbird song at dusk; the old playground roundabout, the wood worn smooth; the jingle of the icecream van turning up; the boats on the lake and the miniature train.

I know I'm not alone in these feelings: I have heard similar things repeated from the mouths of different people from all walks of life since I retired and decided to get more involved with Boultham Park and joined BPAG. The Park Advisory Group has played a big part in supporting the City of Lincoln Council, Linkage and the Heritage Lottery Fund in the regeneration that has taken place over the past five years. As you would expect, the time from concept to fruition has been long, over fifteen years, and there have been a few bumps in the road along the way. The tenacity of the core project team needs to be applauded (and you know who you are).

Parks are an outstanding resource: many of our urban parks are the legacy of the Victorians, designed to improve the lives of those living in growing towns and cities. They're within an arm's reach of many of us still, but with ever-increasing pressure on budgets to maintain them, we all need to do more to champion and conserve our parks as the precious spaces they are. That mission is at the heart of BPAG and its support groups, Beacon Activities and Wildlife Watchers.

When I hear stories of families spending time together, blossoming confidence, growing friendships and new volunteer groups, I'm sure we're tapping into something which harks back to that childlike sense of freedom and joy which came, for me, from those very first memories of Boultham Park.

While the Restoration Project is drawing to a close, there is still much that we can achieve. If you are passionate about your local park, please consider joining the Park Advisory Group. Email me for more information - robert.pitchford1@btinternet.com - I look forward to hearing from you.

BPAG Mission Statement:

To improve the outlook of our local Park and open spaces while maintaining its heritage as a premier green space in Lincoln.



n Saturday 19th May, over 2,000 people from all over the city and beyond came to celebrate the park's 89th birthday and our official Opening Celebration after the widespread improvements.

Visitors enjoyed a day of music and entertainment in the sunshine and this was made even more special with a giant TV screen broadcasting the wedding of HRH Prince Harry and Meghan Markle, and later the FA Cup Final between Chelsea and Manchester United.

The celebrations began after an official opening ceremony in the restored bandstand, with The Mayor of Lincoln Councillor Keith Weaver cutting the ribbon (pictured right). He was joined by special guests from the project partners – City of Lincoln Council and Linkage Community Trust – and the funders – the Heritage Lottery Fund and Big Lottery Fund. In the crowd were many individuals and organisations that have supported the Project and helped make it possible.

Stalls from many of those local

organisations, plus delicious food and drink vendors, were scattered around the park, and even the Checkatrade trophy made an appearance in the morning with Lincoln City FC fans queuing to get their picture taken with the gleaming piece of silverware.

The bandstand later saw live performances from the Linkage Voices choir who sang faultless summer songs, followed by The Snogs who got everyone on their feet by singing uplifting rock covers.

Thank you to everyone who came to celebrate with us – it was great to see you all there, enjoying the day.



Donor Tree

ave you seen the vibrant Donor Tree on the wall in the Boultham Park Café? It's just one of the ways we are recognising the many generous benefactors to our Restoration Project Capital Appeal, including our Major Sponsors and Business Supporters.

Pictured right: Chairman of the Capital Appeal, Philip Barnatt [far left], receives a token of thanks for his five years of fundraising from Linkage client, James, and Chief Executive of the charity, Valerie Waby.





Dominic Hammersley talks to the Beacon

Dominic Hammersley is the first graduate of the new Linkage College campus based at the Boultham Park Education Centre.

Formerly a stable block, the campus is a key part of our £4 million Restoration Project. We met up with Dominic at the Linkage Charity Shop on Lincoln's High Street to find out about his time at the College and what he's up to now.

Hello Dominic! Thank you for taking time out of your busy shift to speak to us. So, how does it feel to be the first graduate of the new Linkage College at Boultham Park?

Whoop! It's a bit strange to be honest – I got to know so many people, it felt like they were family, so it was hard to leave them behind. That being said, it has been exciting to move on to pastures new, because I wanted to be the best person I could be.

What did you think of the new Education Centre and its facilities?

I felt it was similar to my previous experiences at the Linkage College campuses at Weelsby (in Grimsby) and Toynton (near Spilsby), but I had to get used to new people. I feel like I have 'completed the trinity' by studying at all of the campuses! I enjoyed using the media equipment – using video cameras was different!

What did you study and what was your favourite subject?

I mainly studied Media and

Independence Skills, but also had some classes in Personal and Social Development, ICT and English. I couldn't pick a favourite, but I loved English as it's my strongest subject. If they offered a course in History as well, that would have been perfect for me!

Do you remember how you felt on your first day?

My first classes were at Linkage's Runcorn Road hub and there were just two of us! I started with the attitude of 'New start, new term, let's see how I progress!' I spent a little bit of time at the Weelsby and Toynton campuses, so when we transferred to the new Boultham Park Education Centre, I thought, "Right, let's settle back down, I'm back in my own territory".

What's your best memory of your time in College?

Christmas! Everyone got into the spirit – doing Christmassy things, decorating the classrooms and putting on a talent show. For my talent act, I sang some Korean popmusic!



K-Pop is Dominic's favourite kind of music. He finds it fun to sing along to the Korean words. His favourite band is Big Bang because they don't conform to the usual K-Pop style.

What would you say is your proudest moment?

I try to stay down to earth but I would say that it was when I passed my ICT exam. I actually ran out of time and wasn't able to complete all the questions, but I had scored enough marks to pass!



Do you like spending time in Boultham Park?

I used to take walks around the park when I was at College. I liked the atmosphere. It gave me story ideas, particularly on misty days when it made me think of writing mysteries.

What are you doing now you've finished College?

I spend two days volunteering at the Linkage Charity Shop on Lincoln High Street, two days volunteering at Lincoln Castle and one day volunteering at the International Bomber Command Centre. At the charity shop, I help to sort out the clothes, tidy the books and DVDs and do some work on the till. At the castle, I assist people taking part in the wall walks and answer any questions. The day I spend at the International Bomber Command Centre was arranged as a placement by

Linkage College and I work on their digital archive. I like volunteering at the Linkage Charity Shop because I feel like I am giving back to the people who helped make me who I am.

What would you say to someone who's thinking about going to Linkage College?

Firstly, I would say 'be true to yourself'. There is only one of you and that can never be taken away. I'd also say 'don't think of the staff as just staff'. Think of them as a little family. They are there to help you to become the best person you can be and help you explore all the pathways available to you. For those who have already started, welcome to the family – it's very special and unique – and remember to make friends along the way!

Thank you, Dominic, we really enjoyed chatting with you. You sound really busy, so we'd better let you get on!



The Linkage Charity Shop can be found at 167 High Street, Lincoln, and is open 9am to 5pm Monday to Saturday. Linkage also has charity shops in the Birchwood area of Lincoln and in Newark,

which specialises in 'designer bargains'. You can find out more about the different shops, including how to donate items and volunteering opportunities, at www.linkage.org.uk/linkage-charity-shops. They are also on Facebook (/linkagecharityshop) and Instagram (@linkagecharity).













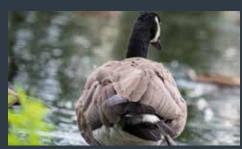












Park Life Through a Lens

We love seeing your photos of the park.
Share them
@boulthampark on:







Back in July, we launched a summerlong photography competition open to all amateur photographers.

Entrants could submit photos on the themes of heritage, summer and wildlife - categories that we felt would reflect the best elements of Boultham Park.

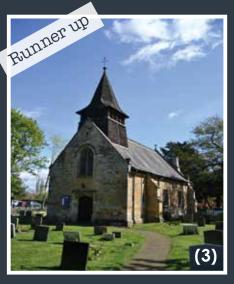
We had a great response and, come September, our panel of judges had to make the difficult decision to pick twelve to feature as part of an exhibition... and here they are over the next four pages!

Aren't they stunning?

Heritage category









- (1) WINNER: Boultham Park Bandstand Jess Waldron
- (2) RUNNER UP: **Looking to the Past** Zara Everitt
- (3) RUNNER UP: Church View Alan Mason
- (4) RUNNER UP: Reflected Katy Eacott

Summer category







- (5) Winner: **Summer Reflections** Andrew Scott
- (6) Runner up: **Untitled** Hannah Ostick
- (7) Runner up: **A British Summer** Emma Dennis
- (8) Runner up: **Summer View** Alan Mason



Wildlife category

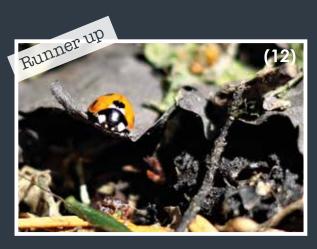


(9) WINNER: The Kingfisher - Andrew Scott

(10) RUNNER UP: **Testing the Water** - Sarah Murphy (11) RUNNER UP: **Home** – Zara Everitt (12) RUNNER UP: **Beneath the Leaves** – Katy Eacott

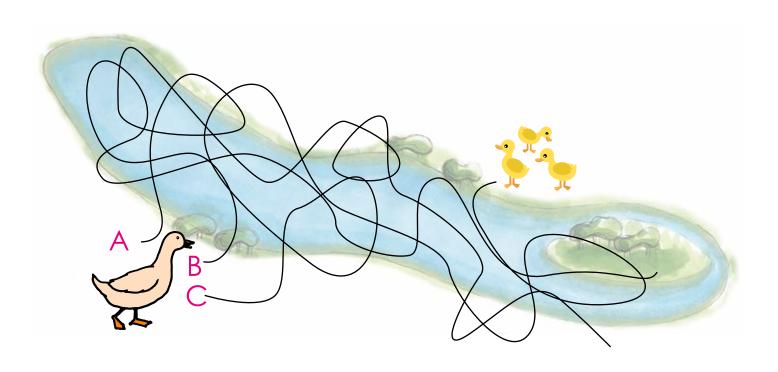








Daisy the duck has left her ducklings on the other side of the lake. Which way should she go to get back to them?

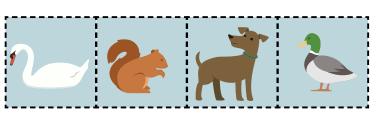


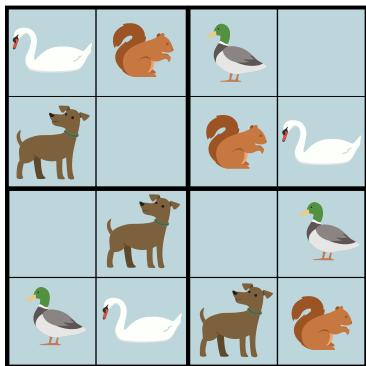
Park animals sudoku

To complete the puzzle, cut out the picture squares along the dotted lines.

Place the pictures in the appropriate boxes in the sudoku grid.

Each picture must appear once and only once in each row, column and 2x2 sub grid.





Solutions on page 14

'Av'-a-go at this recipe from the Boultham Park Café!

The Boultham Park Café will have been open for one year this December and has become a firm favourite with many park visitors.

Jodi, the Café Manager, has shared this tasty recipe with us, perfect for autumnal days, and tells us it's a popular choice with café regulars. Why not 'av'-a-go at home, take a snap and post on their Facebook page (search Boultham Park Café)?

Avocado facts!



- Speed up the avocado ripening process by placing avocados in a paper bag with a kiwifruit or apple (or both).
- Avocados are a fruit! They are botanically similar to berries, with their fleshy pulp and large seed.
- They are rich in potassium, fibre and antioxidants.
 Avocados are actually higher in potassium than a banana!
- Sainsbury's were the first supermarket to stock avocados, back in 1962!



Avocado and Cheese on Toast

Ingredients

Toasted granary bread

Tomato puree

Balsamic vinegar

Chilli flakes

Sliced avocado

Grated cheese

Paprika

Balsamic dressing

Rocket

Method

Toast your bread of choice.

Spread a layer of tomato puree onto toast followed by an even layer of avocado.

Glaze avocado with balsamic vinegar, followed by an even sprinkling of chilli flakes.

Finally, scatter with grated cheese and place in the oven until cheese has melted, approx. 5 mins, temp. 200°C.

Cut as desired, dust with paprika and balsamic glaze then serve with a side portion of rocket.

Boultham Park Lake on the Road to Restoration

The next phase in the restoration of Boultham Park is already underway after the City of Lincoln Council has received 'Round One' funding from the Heritage Lottery Fund to explore the viability of restoring the park's lake.

The Council will now develop its proposals for the project and will present it to the funders for 'Round Two' approval in around a year's time.

If it receives final funding, the restoration work will focus on the lake water quality, new pathways, restored and new lake edges, woodland planting and a new area for fishing. More volunteering opportunities and community events will also be included in the project and will concentrate on the biodiversity of this much-loved heritage feature of the park.

The lake itself will receive one main improvement in the form of aerating works - a cutting-edge method of clearing silt and debris that will bring new life to the lake. This will allow the water to become rich in oxygen and clean itself naturally instead of having to clean the lake by dredging.

Caroline Bird, Community Services Manager for City of Lincoln Council said: "We are thrilled that the Heritage Lottery Fund have recognised the importance of the lake restoration, and we will now do all we can to deliver a quality bid in the hope that we will get the final go-ahead next year.

"Our thanks to National Lottery players whose contributions have already made such a difference in Boultham Park".

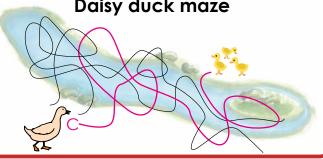
The next phase's main aim is to encourage wildlife and plant life to flourish around the lake area. This has already gained the support of wildlife conservation specialists Lincolnshire Wildlife Trust.



Park animals sudoku



Daisy duck maze





Boultham Park Tidy Ups

<u>Back for 2019</u> on the first Saturday of March, May, July and September! 10am - 12pm, we meet opposite the Indoor Bowls Club car park, LN6 7SW

Come and help us keep the park looking its best. Everything you need to get stuck in will be provided, including a drink and a snack! Suitable clothes and footwear are essential.

Contact: Rob and Diane Pitchford (BPAG)
07765188544 - diane.pitchford5@btinternet.com

Mini Explorers Forest Fun

First Saturday of every month
10.30am

Meet outside the Boultham Park Café

Sing, dance, play and learn about the natural forest environment and the park's heritage with Jo.

For parents and children (0-5 years old). Free to attend, no need to pre-book.

For more information, please contact:
Alistair Brookes, Volunteer Coordinator
01522 873458 - alistair.brookes@lincoln.gov.uk

Contacts

Volunteering

Alistair Brookes - Volunteer Coordinator alistair.brookes@lincoln.gov.uk - 01522 873458

Events and Activities

Lisa Blezzard - Park Ranger hartsholmecp@lincoln.gov.uk - 01522 873735

Holding Events in the Park

City of Lincoln Council Open Spaces Team grounds.maintenance@lincoln.gov.uk 01522 873423

Boultham Park Education Centre / Linkage College

Jane Hepburn - College Administrator jane.hepburn@linkage.org.uk - 01522 812550

Boultham Park Café

Jodi Steiner - Café Manager jodi.steiner@linkage.org.uk - 01522 812557

Park Maintenance

City of Lincoln Council Customer Services www.lincoln.gov.uk/your-council/contact/ 01522 873423





The Heritage Lottery Fund use money raised by National Lottery players to help people across the UK explore, enjoy and protect the heritage they care about.



- Largest dedicated funder of heritage in the UK
- Leading advocate for the value of heritage
- £7.1billion awarded to over 40,000 projects since 1994
- Grants from £3,000
- Follow us on Twitter, Facebook and Instagram and visit our online community - hlf.org.uk/community

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The Boultham Park Restoration Project is supported by a £2.7million grant from the Heritage Lottery Fund and Big Lottery Fund 'Parks for People' initiative, alongside the capital appeal and many other valued contributions.